



Indian Summer
GOLF & COUNTRY CLUB

JULY

2018 NEWSLETTER

Announcements

Pasta Night

Wednesday, July 11

\$19.95 per person

Pasta night continues to bring us all out on the second Wednesday of the month! Come out and enjoy the evening while our chefs prepare your meal right in front of your eyes! The cost is only \$19.95 per person and reservations are recommended for this monthly event. Please ask any of our servers or call Embers direct at (360) 459-4572.

Wine Club

Thursday, July 19, 6:30pm

Our Wine Club returns for a regular tasting on Thursday, July 19. This month's event will feature an outdoor BBQ with a professional DJ. Come enjoy great wines, great friends, and some tasty treats while you dance along to some Jimmy Buffett hits! The cost is included in the annual Wine Club dues and guests can join the fun for \$28 per person. Please email hpbarnett@comcast.net to RSVP.

IN THIS ISSUE:

MEMBERSHIP	2
GOLF	4
SOCIAL + DINING	8
CALENDAR	11
INFORMATION	12

MEMBERSHIP



WELCOME INDIAN SUMMER MEMBERS

Chad Roaf	Kevin Olson
Joshua Kane	John Hendricksen
Bryce Sanders	Chuck Stewart
Christopher Cant	Raymond Jones
Jeff Tafoya	Marvin Kunikyiyi
Matthew Davidson	David Carlson
Riley Killip	Russell Lutz
Roger Smith	Jim Nissing
Brian Bertelli	

Fourth of July Reminders

We hope everyone enjoys the holiday and we'd like to remind you that the club will be on holiday hours.

Golf

All rental equipment including golf carts must be returned by 7:00pm.

Food and Beverage

Embers will be open from 11:00am–5:00pm with a limited menu and the refreshment cart will be available from 11:00am–5:00pm.

Dress Code

We ask that our members and guests honor our dress code. This dress code applies to the golf course and all practice areas. Please make sure everyone in your group, including children, is dressed appropriately. Please feel free to contact the Golf Shop with any questions.

Men

Acceptable: Shirts with collars and sleeves, slacks and golf shorts up to three inches above the knee.

Not Acceptable: Tank tops, tee shirts, fishnet tops, cut-offs, jams, sweat pants, denim (of any color), jeans, bathing suits, tennis shorts or other athletic shorts more than three inches above the knee, and drawstring slacks or shorts.

Women

Acceptable: Dresses, skirts, slacks, golf shorts and blouses. Skirts and shorts must be no shorter than four inches above the knee.

Not Acceptable: Halter tops, sleeveless tee shirts, fishnet tops, bathing suit, sweat pants, yoga pants, cargo pants, denim (of any color), jeans, tennis dresses or athletic shorts, and drawstring slacks or shorts.

Shoes

Acceptable: Spikeless golf shoes are required. The Golf Shop must approve use of shoes other than golf shoes.

Not Acceptable: Football spikes, baseball spikes, and other turf shoes.



CLUB EVENTS OVERVIEW

JULY 4	IS Annual Flag Event
JULY 11	Wednesday Pasta Night
JULY 19	Thursday, 6:30pm Wine Club
EVERY FRIDAY	Prime Rib Night at Embers

Oki Golf Extended Benefit Program

Looking to play other great courses around the Puget Sound area? This program is designed to add significant value for golf members of Indian Summer Golf & Country Club by offering the ability to play the following Oki Golf properties for no additional green fees:

The Golf Club at Hawks Prairie (Woodlands and Links)
Trophy Lake Golf & Casting
Washington National Golf Club

Indian Summer members are allowed up to two complimentary rounds per month, per golf course, per membership for only \$25/month (tax not included). That means that you will be able to enjoy up to 8 additional rounds of golf per month or up to 96 additional rounds per year for no additional greens fee charges per membership. Please contact the Golf Shop for more information or to sign up!

GOLF EVENTS OVERVIEW

JUNE 29 – JULY 1	Friday – Sunday Men's Member-Member
JULY 4	½ Price Guest Day
JULY 8	Sunday, 1:30pm 18-hole Couples Event
JULY 9	Monday, 10:00am Shotgun Outside Event
JULY 12 – 14	Thursday – Saturday Women's Member-Guest Event
JULY 21	British Open All Club Event
JULY 23	Oki Golf Open Play Day
JULY 27	Friday, 5:30pm 9-hole Couples Event
JULY 28	Saturday, 0:00am Women's Club Primary Colors
AUGUST 3	Friday, 1:00pm Shotgun Outside Event
AUGUST 3 – 5	Men's Club IS Cup
EVERY TUES	8:00 – 11:00am Women's Day
EVERY WED	8:00 – 11:00am Men's Day 5:30pm Twilight League

For golf inquiries please contact:
trenth@indiansummeregolf.com
360.459.3772

News & Notes from Trent

Happy Independence Day, members! The summer just started, didn't it..? It seems to be flying by already as we conclude our Men's Club Member-Member this weekend. Next up is the **Ladies Club Member-Guest on July 12 – 14** and following that will be our all club British Open Event. If you are interested in signing up for either of these events, please reach out to a member of our Golf department and we will assist you.

Speaking of fun events, if you have been on the fence about coming out for our fabulous Couples Golf, July should definitely be the month you begin! This month, **the Couples event is on Sunday, July 8** and will be an 18-hole golf experience. I say "experience" because this will be our "cross-country" event where some holes are played in conjunction with one another. For example, imagine playing from hole #10 to #11 green, or teeing it up on #1 and finishing on #2 green! Sounds fun, right? The afternoon will also include snacks, a wonderful dinner prepared by our chef, and, as always, great camaraderie. Speak with a member of the Golf department to sign up.

Our Golf Shop continues to bustle, bringing in new golf clubs as fast as our members keep them flying off the shelves. If you are in the market for a driver or 3 wood, a popular choice by other members has been the Taylormade M3 and M4 line. If we don't have quite the shaft/head configuration you are looking for, we can order it and have it here usually within 7-10 days. Looking for irons? Look no further than the Titleist AP3s! We have fit several of our members into these sets and they have received rave reviews. We have developed a great relationship with our club fitters from Callaway and PXG as well, so if you missed one of our Demo Days, no problem! Just let us know and we will schedule a time for one of those representatives to come out and work with you. Check in with us over the first week of July as **we will have several golf ball promotions** offering a great opportunity to stock up for the rest of the season.

As I find myself with less and less time to practice my craft in these summer months, I often remind myself to take my own advice that I give to the golfers and students that I work with. That advice is to **practice with a purpose**. We all know how easy it is to step out to the practice facility, put your mind on auto-pilot, and “bang balls” for an hour and, unfortunately, only reinforce bad habits. There is a time and place for “just hitting balls,” it’s called warming up before a round of golf. I encourage everyone to go the practice tee with a game plan and break your practice time into chunks; really trying to accomplish a goal within each chunk of time and get better. Just hitting 100 balls generally will not make you better, and often will only leave you feeling worse about the state of your game. However, if you take those 100 balls and purposefully put a plan in place for them, I believe you will be amazed at the result. What follows is an example of this and a recent successful practice session I had.

First, I hit 15 balls with my 9 iron (my favorite golf club) to warm my body up. I did this over the course of about 8-10 minutes focusing on down and through contact. I have a bad habit of drawing the club away in the back swing too much to the inside with my woods and hybrids. This causes me to get stuck on the way back and flip my hands at impact to save it, resulting in pulled shot. So with my next 25 balls, I concentrated on my takeaway with my 3 hybrid. I really was not yet even concerned with how accurate my ball was flying as I just wanted to set the club correctly at the top and get the feel of transitioning to the through swing. About 15 shots in I was “feeling it” and became more aware of my actual shot; really picking a target and making a good move at the ball.

I had also been having an issue with sliding under my 60° wedge and hitting a high weak right shot from 80-90 yards, so I focused on working to correct that for the next 30 balls. Finally, I finished up with 20 greenside bunker shots with both my 56 and 60 degree wedges. In all, this purposeful practice session took around 40 minutes. I left feeling confident in my game, even though I only used a handful of the 14 clubs in my bag. During my next round two days later, my mind was still remembering and reliving

that practice session and I shot one of my better scores of the summer in a tournament. I would argue, not by accident but, on **purpose**! Next time you hit the range, make a game plan, stick to it, and practice purposefully, I think you’ll notice and like the results! If you ever need help with your practice routine, let us know as we would love the opportunity to help make you a more confident golfer!

Happy practicing and playing!

— Trent Henning, Head Professional



Follow us on Instagram and
tag us in your photos!

@okigolfseattle
#okigolfindiansummer

GOLF COURSE HOURS

	GOLF SHOP	PRACTICE FACILITY
MONDAY	9:30AM - 6:00PM	10:00AM - 7:00PM
TUES - SATURDAY	6:00AM - 7:00PM	6:30AM - 7:00PM
SUNDAY	6:00AM - 7:00PM	6:30AM - 5:00PM

FIRST TEE TIME OF THE DAY

MONDAY	10:30AM
TUES - SUNDAY	7:00AM

From the Handicap Committee

Equitable Stroke Control (ESC)

A question that seems to come up regularly is, “What’s the maximum score I can take on that hole?” The answer is covered in Section 4-3 ‘Equitable Stroke Control’ of the USGA Handicap System which sets a maximum number of strokes that a player can post on a hole and is based on that player’s course handicap. The key here is that the player’s maximum number for any hole is determined by the player’s course handicap for the set of tees being played.

Course Handicap	Max Number on Any Hole
9 or less	Double Bogey
10 through 19	7
20 through 29	8
30 through 39	9
40 or more	10

For a player to properly use the ESC table, the player must determine the course handicap from the player’s handicap index (H.I.). Let’s take a player with a H.I. of 8.4 who is playing from the combo tees with a slope of 128, which results in a course handicap of 10. This player is allowed to post a maximum score of 7 on any hole, including par 3s. Now let’s move that player forward to the gold tees with a slope of 122. This same player now has a course handicap of 9 which limits the maximum score to a double bogey. The player is now limited to 5 on par 3s and 6 on par 4s. Quite a difference to what can be posted.

This is why it’s important for correct score posting to know the course handicap and the set of tees you are playing. For example, if this same player, who is a 10 handicap at Indian Summer, were to play either course at Hawks Prairie, the player’s handicap would be a 9. Proper use of ESC is another factor that relates to last month’s Indian Summer newsletter article on having a valid handicap.

Note: When consulting the ESC table, use the course handicap derived from your actual H.I., not an adjusted handicap as a result of type of competition, handicap allowance or due to playing from different tees.

Kiwi’s Corner

Fairway Bunker Play

One of the more challenging shots at Indian Summer, or any course for that matter, is the fairway bunker. Hopefully these few tips will make it a little less tricky!

1. Choose a club with enough loft to make it over the lip of the bunker.
2. Only “dig in” slightly with your feet.
3. “Choke up” about an inch on your grip.
4. Keep your lower body “stable” and make a smooth swing with your arms and chest sweeping the club at the bottom of the swing.

“Stop thinking. Let things happen and be the ball.”

— Ty Webb

— Brad Stephens, Assistant Professional

From the Golf Committee

Checking In

Please remember to check-in for all rounds at the Golf Shop. Not only do we enjoy seeing you but we also are able to pass along important information. If you are in a hurry and can’t stop by, please call us to check-in.

Guests

We want to make sure your guests have a great time at Indian Summer. Please make sure the Golf Shop knows you will be bringing a guest and whether you will be paying for your guest or if your guest will be paying their associated fees. Please remind your guest of the expected etiquette at Indian Summer including dress code, pace of play, and care of the course including replacing divots and fixing ball marks. Also, please remember that a guest is allowed to come enjoy our course a total of six times throughout the year. Any more than six times then we should be talking to that person about joining!



TURF MAINTENANCE UPDATE

Through the summer months there are several areas where golfers can assist the Maintenance team in taking care of our golf course. These include the usual routines: repairing ball marks on the greens, sanding divots on the tees and fairways, and limiting practice swings that result in divots. When the temperature exceeds 75 degrees, sanding/ seeding the fairway divots is far more effective than replacing the divots due to the fact that the root system is gone and the divots will dry out. Also, the birds flip the divots in search of worms and grubs and the fairways mowers chop them up. Close the sand/seed buckets on the tees after using to prevent the irrigation system from soaking the sand. Once the sand gets wet it will germinate quickly leaving sprouts in the bucket which are difficult to spread.

Cart traffic and compaction is another factor that can negatively impact golf course conditions. Try to avoid

driving the same routes especially on and off of the cart paths. If you observe wet or matted areas of turf, do your best to avoid driving through those areas. Parking carts on the paths around the greens and tees is also beneficial for minimizing wear and compaction, especially around the greens.

Finally, when golfers enter and exit the traps, it is best to avoid the steepest faces and to use alternate routes when possible. The faces can become eroded when the same point of entry or exit is utilized and the turf around the perimeter can collapse into the trap forcing a reshape.

Thank you for supporting the Turf team in our efforts to maintain this wonderful golf course. Your help is greatly appreciated! Have a great 4th of July.

— Rick Hancock, Course Superintendent

SOCIAL + DINING

A Message from Ian

It's been a busy month here at Indian Summer and I don't see anything changing for quite a while. Now that our new team members are getting their "sea legs" so to speak, it feels like we're near full strength for the season! Not to say that there won't be any more new faces, like our new Refreshment Cart Server, Emily. She's a real sweetheart and is having fun getting to know you all.

It's also great to see how well some of our club activities are going. The Wednesday night Twilight League seems to get bigger every week! The evidence is seeing all the smiling faces coming in for a late night cocktail or beer after their round. The Couples Club events are always a great time as well and we can't wait to see the Men's Club Member-Member Event go off without a hitch this weekend.

Keep your eyes open and your taste buds primed for the new lounge Appetizer menu. We think that it's just what you all have been begging for! My only regret is that it's taken this long. With that, the entire Food & Beverage team is looking forward to taking care of all our members and their guests this season and throughout the rest of the year.

— Ian Shulman
Food & Beverage Manager



Pasta Night

Wednesday, July 11

\$19.95 per person

Pasta night continues to bring us all out on the second Wednesday of the month! Come out and enjoy the evening while our chefs prepare your meal right in front of your eyes! The cost is only \$19.95 per person and reservations are recommended for this monthly event. Please ask any of our servers or call Embers direct at (360) 459-4572.

Prime Rib Night

Fridays at Embers

Join us every Friday night at Embers Dining Room and Lounge for an 8, 10, or 12 oz. cut of ultra-tender Prime Rib hand-carved by our chef. Try pairing yours with a selection from our wine list! All Prime Rib dinners are served with your choice of soup, Caesar or house salad and a baked potato, mashed potatoes, or rice.

For social + dining inquiries please contact:

Ian Shulman

ians@indiansummeregolf.com





Wine Club

Thursday, July 19, 6:30pm

Our Wine Club returns for a regular tasting on Thursday, July 19. This month's event will feature an outdoor BBQ with a professional DJ. Come enjoy great wines, great friends, and some tasty treats while you dance along to some Jimmy Buffett hits! The cost is included in the annual Wine Club dues and guests can join the fun for \$28 per person. Please email hpbarnett@comcast.net to RSVP.



Yoga at Indian Summer

Mondays 5:30–6:30pm & Wednesdays 9:30–10:30am

Join us for Yoga Flow, Mondays from 5:30-6:30pm and Gentle Yoga on Wednesdays from 9:30-10:30am (check the stand in the club lobby for location of class). Please contact Kathy Thomsen via email at thomsentimber@msn.com for more information or to register. Instruction provided by OlyYoga.

Weekly Specials

Call Embers Restaurant daily after 3:00pm for the night's special from our Indian Summer Culinary team!

EMBERS RESTAURANT & LOUNGE HOURS

RESTAURANT & LOUNGE

MONDAY	CLOSED
TUES - THURSDAY	11:00AM - 8:00PM
FRI - SATURDAY	11:00AM - 9:00PM
SUNDAY	11:00AM - 6:00PM

EARLY CLOSURE: Wednesday, July 4
11:00AM - 5:00PM



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For the Cocktail Connoisseur

Sweet and Sour Mix

For this month's installment, I thought I'd go back to focusing on an overlooked, yet essential ingredient... sweet and sour mix. Sweet and sour goes by several names such as sour mix or bar mix but is arguably the most prevalent cocktail ingredient there is. Anyone can hop down to the corner store and grab a bottle of generic sour mix (or heaven forbid, margarita mix). The problem with this is that most aren't very good. They're either too sweet or too sour and have loads of artificial colors and flavors. Once you learn how to make your own, you'll never go back to that fluorescent yellowish-greenish stuff.

Really good sour mix consists of three ingredients: sugar, water, and either lemon or lime juice (I like to use both). It's essentially citrus flavored simple syrup. I've discussed the technique for making simple syrup in months past (equal parts sugar and water, brought to a boil in a saucepan, then chilled). To make the best mix you've ever tasted, just add one part simple syrup to one part lemon and/or lime juice then adjust to your liking. This mixture will hold for three weeks, easily, in a well sealed container in the fridge.

For some real fun, mix in one fresh egg white for every 2-3 cups of sour mix. This will give your cocktails a delightfully frothy texture. However, be aware that this will shorten the shelf life of your mix dramatically, no more than a few days.

Have fun out there and, as always, cheers!

Try Something New!

Want to try something different from the Embers menu? Here are a few fresh options for the summer:



Southwest Chicken Salad



Prime Rib Dip



Fresh Battered Cod Soft Tacos

JULY

Sun	Mon	Tues	Wed	Thu	Fri	Sat
1 Men's Club Member-Member	2 Yoga Flow	3	4 Happy Fourth! ½ Price Guest Day Gentle Yoga Men's Day Twilight League	5	6 Prime Rib Night	7
8 Couples Event	9 Yoga Flow	10 Women's Day	11 Pasta Night Gentle Yoga Men's Day Twilight League	12 Women's Club Member-Guest	13 Women's Club Member-Guest Prime Rib Night	14 Women's Club Member-Guest
15	16 Yoga Flow	17 Women's Day	18 Gentle Yoga Men's Day Twilight League	19 Wine Club	20 Prime Rib Night	21 British Open All Club Event
22	23 Oki Golf Open Play Day Yoga Flow	24 Women's Day	25 Gentle Yoga Men's Day Twilight League	26	27 Couples Event Prime Rib Night	28 Women's Club Primary Colors
29	30 Yoga Flow	31 Women's Day	1 Gentle Yoga Men's Day Twilight League	2	3 Prime Rib Night	4

Management Team

Kevin Myers | General Manager
(360) 459-2708 • kevinm@indiansummerngolf.com

Rick Hancock | Superintendent
(360) 459-2707 • rickh@indiansummerngolf.com

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Trent Henning | Head Professional
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Kristi Dohring | Catering Sales Manager
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Ian Shulman | Food & Beverage
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Lonie Kragelund | Administrative Assistant
(360) 923-1075 • loniek@indiansummerngolf.com

GOLF COURSE HOURS

	GOLF SHOP	PRACTICE FACILITY
MONDAY	9:30AM - 6:00PM	10:00AM - 7:00PM
TUES - SATURDAY	6:00AM - 7:00PM	6:30AM - 7:00PM
SUNDAY	6:00AM - 7:00PM	6:30AM - 5:00PM

EMBERS HOURS

MONDAY	CLOSED
TUES - THURSDAY	11:00AM - 8:00PM
FRI - SATURDAY	11:00AM - 9:00PM
SUNDAY	11:00AM - 6:00PM

ADMINISTRATION OFFICE HOURS

MON - FRIDAY	9:00AM - 5:00PM
SAT - SUNDAY	CLOSED



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